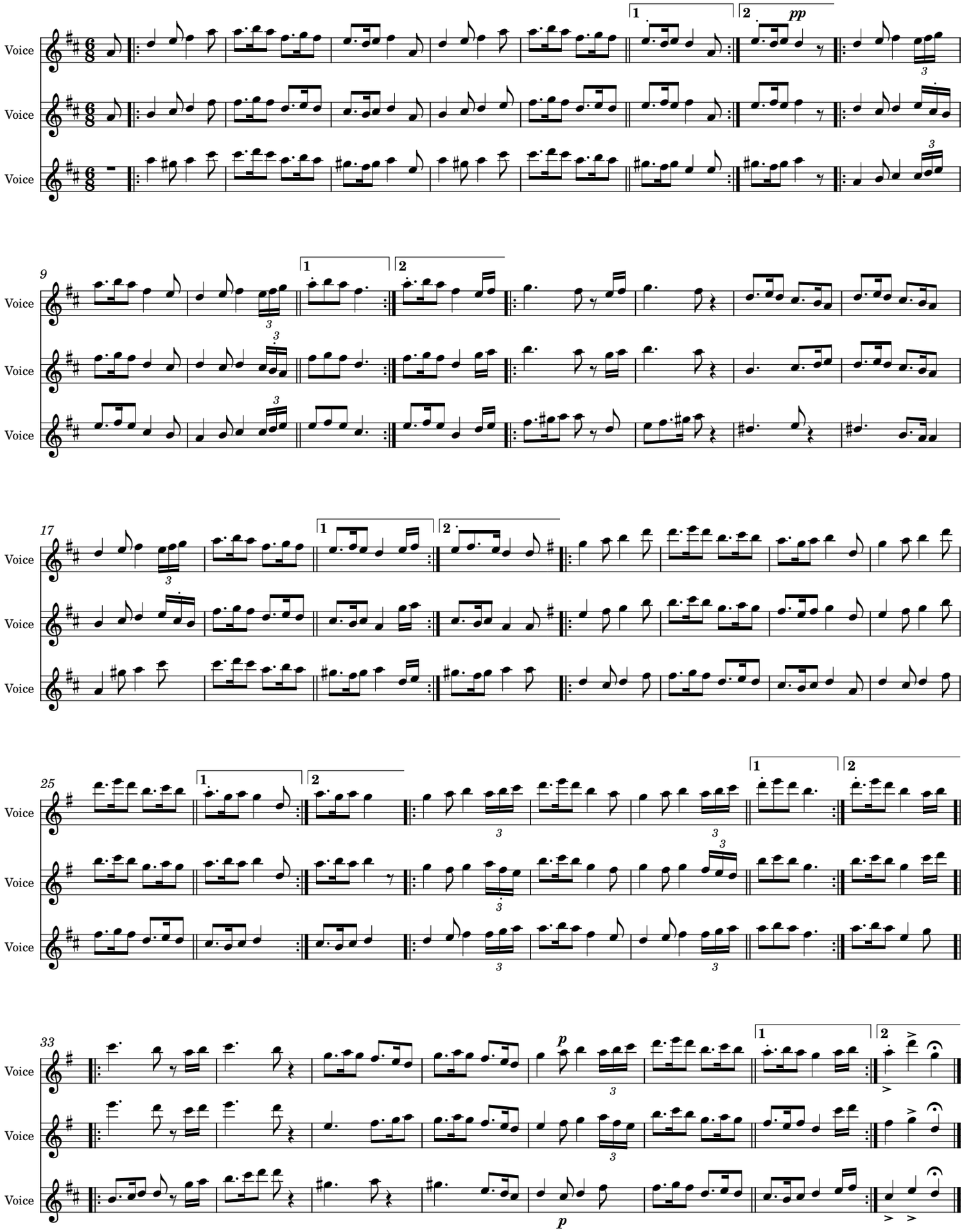Aitzina pika