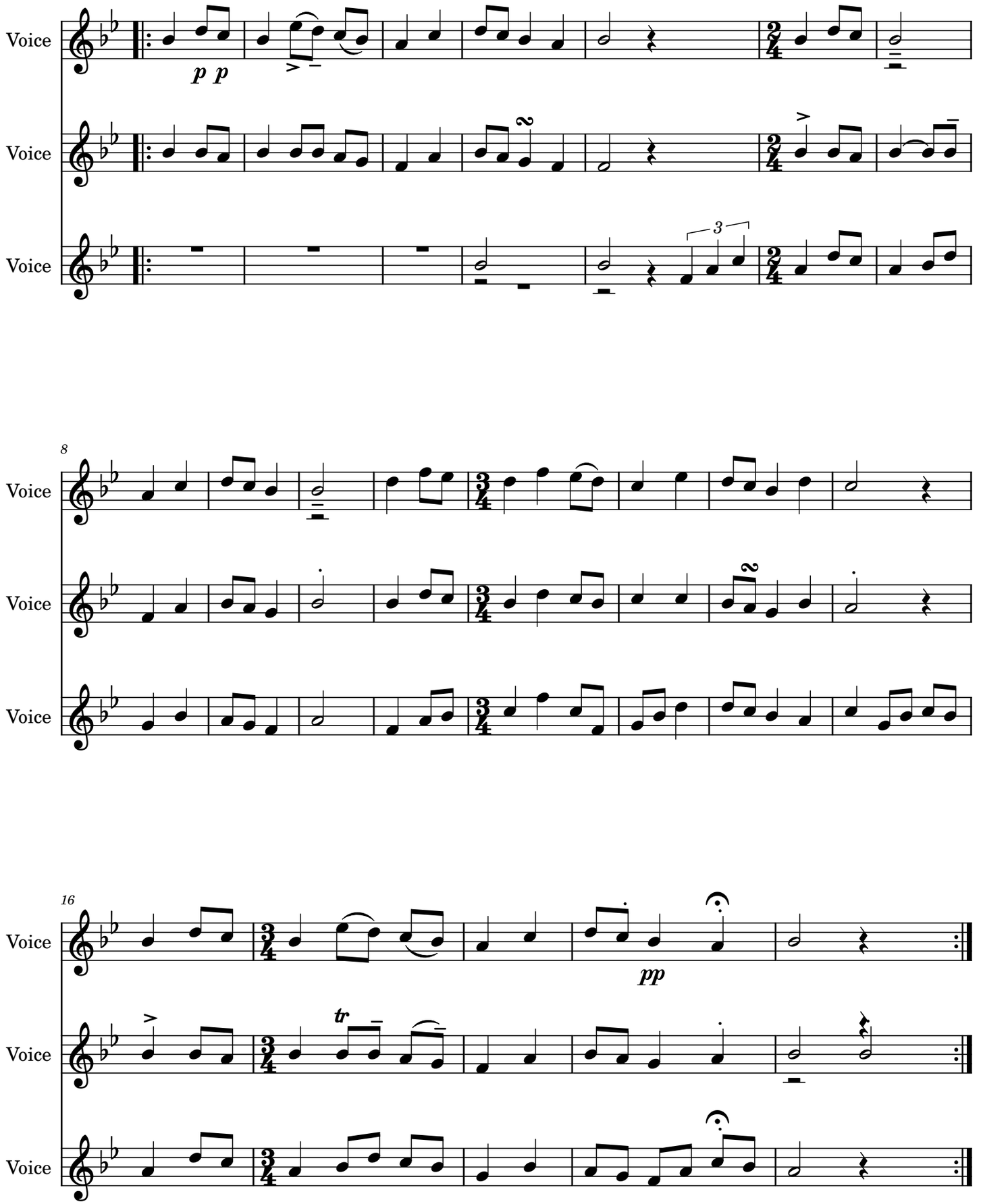Zazpi urthe baduzu -Baztanen