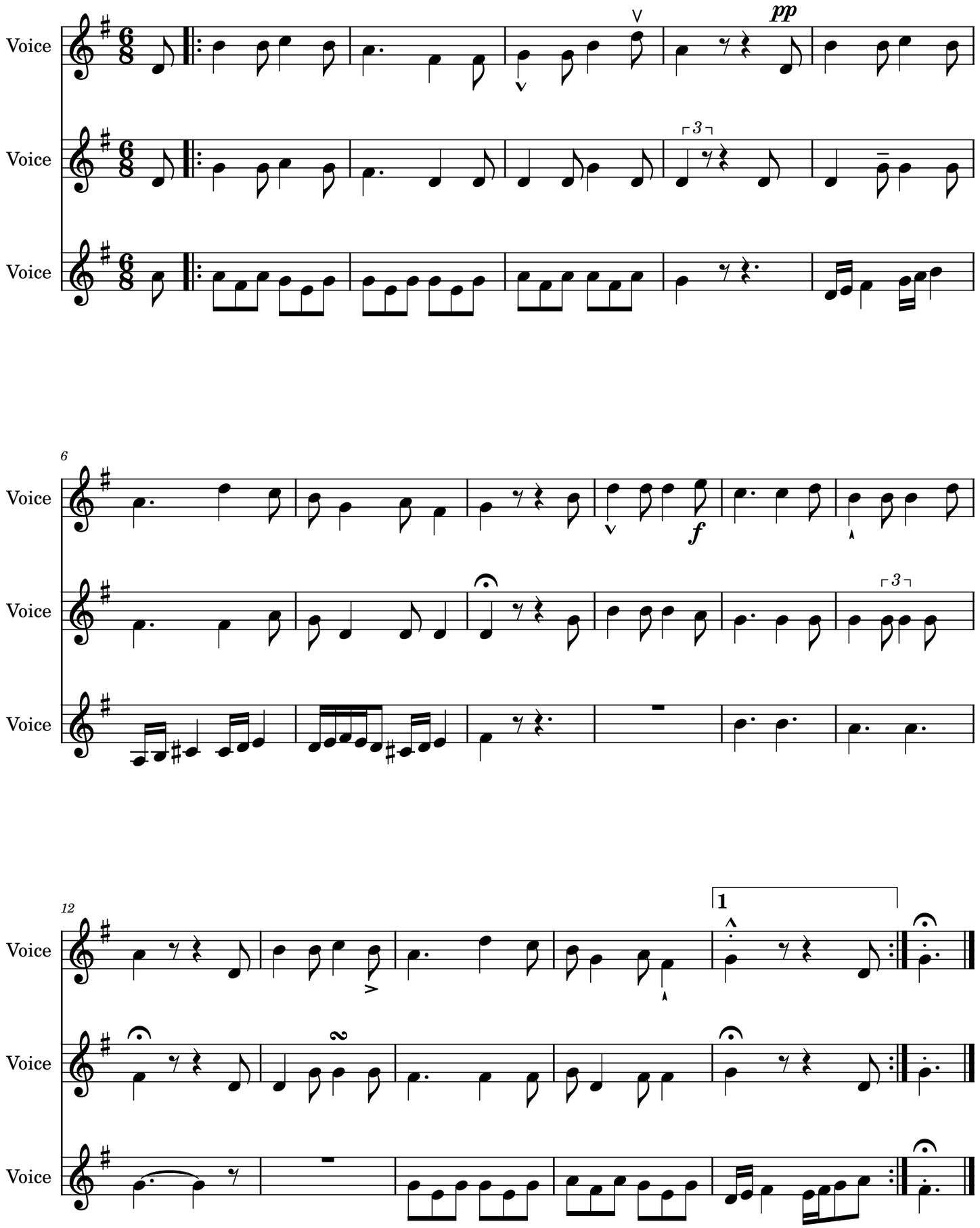Ene bihotzak eztu